

紐涅閉關儀軌唸誦頁次

Nyungne Sadhana page reading

第一座 (8am-Noon)	頁數	First Session (8am-Noon)	Page#
傳承祈請文	2 - 4	Prayer to the Lineage	2 - 4
灑淨後大禮拜3次 右膝跪地 合掌		Prostration 3 times after purification, kneel on right knee, join palms	
受戒發願 x 3	5-8, 8-10, 11	Prayer for taking the vow x 3	5-8, 8-10, 11
皈依發菩提心, 升起本尊.....	12 - 28	Refuge and Generation of Bodhicitta 3; Generation of the Deity	12 - 28
對生本尊	29 - 30.L2	Front-Generation	29 - 30.L2
(尊身白色....放出白色之光芒)	20.L4 - 23.L3	(His body is youthful...I emit rays of white light)	20.L4 - 23.L3
(上方捨化彌陀佛 ...)	30.L3 - 37	(Above, a HRIH....)	30.L3 - 37.L2
大悲咒	38	Great compassion mantra	37
觀音禮讚 x 7 (大禮拜)	39.L1-2; (39.L3 - 44.L3) x 7	Praise to Avalokiteshvara x 7 (prostration)	39.L1-2; (39.L3 44.L3) x 7
百字明, 增長咒		Hundred-Syllable + Increasing Mantra	
(佛法持教長久... 尊復融入於佛頂)	44.L4 - 49.L4.1	(Please grant your blessing...The Deity then dissolves into my crown.)	44.L4 - 49.L4.1
(自生一面二臂之.....)	50	(Visualizing Myself as the deity....)	50
第二座		Second Session	
皈依發菩提心.....	12 - 28	Refuge and Generation of Bodhicitta	12 - 28
對生本尊	29 - 30.L2	Front-Generation	29 - 30.L2
	20.L4 - 23.L3		20.L4 - 23.L3
	30.L3 - 37		30.L3 - 37
大悲咒	38	Great compassion mantra	38
* 水施餓鬼/中陰有情 法		* Water Offering to Pretas / Bardo Beings	
觀音禮讚 x 7 (大禮拜)	39.L1-2; (39.L3 - 44.L3) x 7	Praise to Avalokiteshvara x 7 (prostration)	39.L1-2; (39.L3 44.L3) x 7
百字明, 增長咒		Hundred-Syllable + Increasing Mantra	
(佛法持教長久... 尊復融入於佛頂)	44.L4 - 49.L4.1	(Please grant your blessing...The Deity then dissolves into my crown.)	44.L4 - 49.L4.1
(自生一面二臂之.....)	50	(Visualizing Myself as the deity....)	50
第三座		Third Session	
皈依發菩提心.....	12 - 28	Refuge and Generation of Bodhicitta	12 - 28
對生本尊	29 - 30.L2	Front-Generation	29 - 30.L2
	20.L4 - 23.L3		20.L4 - 23.L3
	30.L3 - 37		30.L3 - 37
大悲咒	38	Great compassion mantra	38
觀音禮讚 x 7 (大禮拜)	39.L1-2; (39.L3 - 44.L3) x 7	Praise to Avalokiteshvara x 7 (prostration)	39.L1-2; (39.L3 44.L3) x 7
百字明, 增長咒		Hundred-Syllable + Increasing Mantra	
(佛法持教長久.....)	44.L4 - 50	(Please grant your blessing....)	44.L4 - 50